

MEDICAL TEAM BIGGIE

FAMILY DOCTOR

★ Dr. Christine Zrinscak

- Dr. Christine Zrinscak was born and raised in Hamilton, and completed her medical training at McMaster University. Her practice is part of a collaborative, team-based approach to family medicine that provides primary care for a wide variety of patients at all ages and stages of life.

Crown Point Medical Centre
67 Kenilworth Ave N, Hamilton, ON L8H 4R6
Phone: (905) 547-2302
Fax: (905) 548-9722
Email:

Physiotherapist

★ Ryan Langille

- Experienced Physiotherapist with a demonstrated history of working in the health and wellness and fitness industry. Skilled in Musculoskeletal Physiotherapy, Neurokinetic Therapy, SFMA/FMS, Dry Needling/Acupuncture, Physical Therapy, Soft tissue injuries, Manual Therapy, Concussions, Pelvic Floor Health, Vestibular/Vertigo, Headache/Migraine management, Post Natal And Functional Scar Therapy. Strong business development professional with a Master of Science (MSc) focused in Physical Therapy

iMove Clinic
30 Rymal Rd E, Hamilton, ON L9B 1T7
Phone: (905) 381-4250

Chiropractor

★ Kayla Harrop

- Bio to be added...

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30 Rymal Rd E, Hamilton, ON L9B 1T7
Phone: (905) 381-4250

Registered Massage Therapist

★ Ms. Megan Burgio

- Bio to be added...

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Social Worker

★ Lindsay Miedema

- Lindsay Miedema is a Registered Social Worker with diverse clinical experience. She holds a Master of Social Work from Dalhousie University. Lindsay's internship experience involved working in medical and mental health social work settings. Prior to this she completed a Bachelor of Arts Degree in Social Work and Sociology from Redeemer University and a Bachelor of Social Work from Waterloo University.
- Lindsay has experience supporting and counselling adults, adolescents and children who are experiencing various mental health issues such as; Anxiety, Depression, Obsessive Compulsive Disorder Post Traumatic Stress Disorder and Borderline Personality Disorder. Lindsay strives to support those who have experienced trauma, abuse, divorce and loss. She uses evidenced-based therapeutic techniques such as: Cognitive Behavioural Therapy, Dialectical Behavior Therapy, Narrative Therapy and Strength Based Therapy. Lindsay is also certified in Accelerated Resolution Therapy for Post Traumatic Stress. Lindsay is qualified to offer education and support for the "Beyond Consequences" approach which is a program for parents/guardians of children who have behavioural difficulties or experienced trauma.
- Lindsay believes it is a profound privilege to walk alongside her clients in their mental health journey. When working with Lindsay you can expect a genuine caring, accepting and compassionate approach.
- Additional Training/Certification:
 - Dialectical Behavioural Therapy
 - Accelerated Resolution Therapy
 - Cognitive Processing Therapy
 - Beyond Consequences: Trauma Informed Parenting
 - Emotion Focused Parenting

Social Workers Solutions Canada

848 Fennell Ave E Suite 204, Hamilton, ON L8T 5A1

Phone: (905) 388-2157